

**SIGNIFICANCE + GOAL
OF THE MILESTONE:**

Launching and Living prepares parents to support their teen's transition into adulthood by fostering maturity, integrity, faith-ownership, and independence. This milestone encourages parents to be present, intentional, and hopeful

during the senior year, nurturing strong relationships while adjusting boundaries to promote growth, affirm maturity, and release their child to launch with confidence and purpose in Christ.

SESSION TOPICS:

- 1 Readiness for Launch
- 2 Your Role is Changing
- 3 Maintaining a Positive Relationship
- 4 Finishing Well: Making the Most of Their Senior Year

MILESTONE 6:
**Launching
and Living**

WHY A LIFE MAP MILESTONE PATH?

Milestones mark key moments in our lives where we see God's faithfulness and growth in every area. At Grace, our Life Map Milestone Path helps families pause, reflect, and realign with God's purposes.

Each stage brings new challenges and opportunities, and the Milestone Path equips parents with biblical guidance, practical tools, and intentional planning to disciple their children with clarity and purpose.

Engaging in this lifelong plan strengthens individuals and reinforces the God-given role of parents and grandparents in their child's life. We would love for you to join us!

Visit gcc.org/milestones to find out how your family can get started on this journey.

GRACE COMMUNITY SCHOOL
GRACE COMMUNITY CHURCH



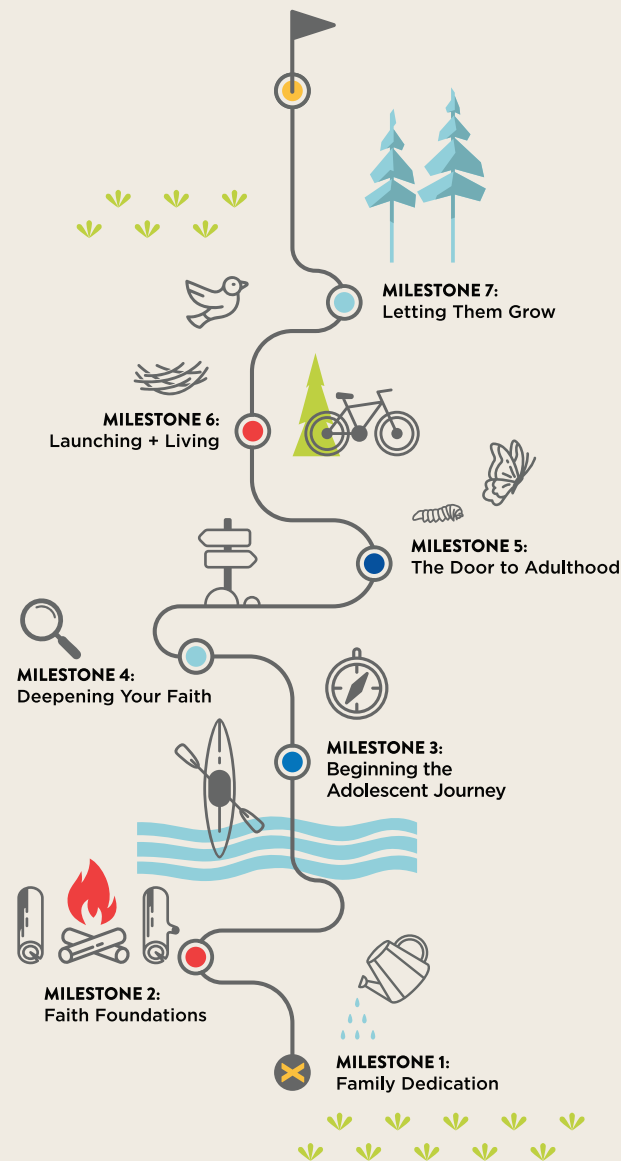
MILESTONE 6

LAUNCHING + LIVING

AGES 16 - 18

EMBRACE THE SEASON, ENGAGE THE MISSION

*Every stage is a new stretch
of trail. Walk it with insight
and intention.*



HOW THEY PRIMARILY LEARN (AGES 16-18)

- 1 Real-World Engagement:** They want to see how faith applies to their future, their relationships, and a broken world.
- 2 Independence:** They learn by doing - making decisions, experiencing consequences, and reflecting with guidance.

WHAT PARENTS SHOULD KNOW

- 1 Preparing to Launch:** This is a season of intentionally letting go. Your role is shifting from coach to cheerleader.
- 2 Want to Be Treated Like Adults:** Talk to them with respect. Ask for their opinions. Invite them into decision-making.
- 3 Need Space and Safety:** Give them room to succeed and fail while still being a safe landing place emotionally and spiritually.
- 4 Deciding if Faith is Worth It:** They're asking, "Is this real? Is it mine?" Help them see that faith isn't just for childhood, it's for life.

- 3 Authentic Conversations:** They value truth, vulnerability, and being treated like adults. Shallow answers won't satisfy them.
- 4 Purpose and Calling:** They're asking, "What difference can I make?" Learning becomes deeper when it connects to meaning.
- 5 Community:** Even as they seek independence, they still need safe relationships with peers and adults who challenge and encourage them.

- 5 Watch for Integrity:** Your example still matters. Show what mature faith looks like in real time, especially through your reactions, habits, and humility.
- 6 Crave Purpose:** Help them see their unique calling in God's kingdom, not just what job they'll do, but who they'll be and why it matters.
- 7 Still Need You:** Even when they act like they don't need you, they do. Keep showing up, speaking truth in their lives, and praying boldly over them.

EVERYDAY MOMENTS, ETERNAL IMPACT

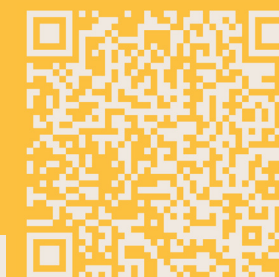
*Discipleship doesn't have to be
complicated to be powerful.*

BEST METHODS FOR ENGAGING (AGES 16-18)

- 1 Mentor One-on-One:** Invest personally. Most teens at this stage need a trusted adult they can be real with outside of their family and classroom.
- 2 Encourage Ownership:** Let them lead Bible studies, serve on mission, and organize outreach. Real responsibility translates to real impact.
- 3 Teach Life Integration:** Equip them to apply Scripture to real-life decisions. This includes money, dating, college, identity, purpose, and worldview.
- 4 Facilitate Honest Dialogue:** Create safe spaces for discussion about doubt, church hurt, hypocrisy, politics, mental health, and the future.

TOOLS FOR THE JOURNEY AHEAD SCAN QR CODE FOR RESOURCES

*Because the right resource at the right
time makes all the difference.*



- 5 Stretch Their Faith:** Challenge them to think deeply, live courageously, and consider what it means to live on mission, wherever they go.
- 6 Equip for Transition:** Teach practical spiritual habits and rhythms they can carry into college or work. This includes engaging in community and finding a church if moving to a new town.